1. Twitter message 1

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| --- | --- | --- | --- |
| Old text  272 | Restrictions might be easing for some but not for all. If you, or someone you know, are experiencing abuse or control at home, contact @LiveFearFree #LiveFearFree 📞 0808 80 10 800  📲 Text 0786 007 7333  📧 Email [info@livefearfreehelpline.wales](mailto:info@livefearfreehelpline.wales)  💻 Live chat gov.wales/livefearfree | 限制正在放松，但并非针对所有人。如果您或您认识的人正在经受家庭虐待或控制，请联系@LiveFearFree #LiveFearFree 📞 0808 80 10 800  📲 发短信至 0786 007 7333  📧 发送电子邮件至 [info@livefearfreehelpline.wales](mailto:info@livefearfreehelpline.wales)  💻 线上对话 gov.wales/livefearfree | **174** |

1. Twitter message 2

|  |  |  |  |
| --- | --- | --- | --- |
| Old text  274 | Experiencing violence or abuse in your relationship or at the hands of someone in your household? As we move through easing restrictions on movement, you may be more able to seek support, contact @LiveFearFree #LiveFearFree  📞 0808 80 10 800  💻 Live chat gov.wales/livefearfree | 您是否正在亲密关系中经受暴力或虐待，或被家庭中的某个人控制？随着人员流动限制逐渐放松，现在您可以获得更多支持，请联系@LiveFearFree #LiveFearFree  📞 0808 80 10 800  💻 线上对话 gov.wales/livefearfree | **131** |

1. Facebook message 2

|  |  |  |  |
| --- | --- | --- | --- |
| Old text | Experiencing violence or abuse in your relationship or at the hands of someone in your household? As we move through easing restrictions on movement, you may be more able to seek support, contact @LiveFearFree #LiveFearFree  📞 0808 80 10 800 📲 Text 0786 007 7333 📧 Email [info@livefearfreehelpline.wales](mailto:info@livefearfreehelpline.wales)  💻 Live chat gov.wales/livefearfree | 您是否正在亲密关系中经受暴力或虐待，或被家庭中的某个人控制？随着人员流动限制逐渐放松，现在您可以获得更多支持，请联系@LiveFearFree #LiveFearFree  📞 0808 80 10 800 📲 发短信至 0786 007 7333 📧 发送电子邮件至 [info@livefearfreehelpline.wales](mailto:info@livefearfreehelpline.wales)  💻 线上对话 gov.wales/livefearfree | **195** |